

Youth Listening Sessions



The Youth Listening Sessions will spotlight the voices of youth in the foster care and juvenile justice systems to gain their honest perspectives and ensure they are heard, with outcomes influencing programs that serve them. Youth will also have the opportunity to enhance their ability to participate in imagining a service provider's future through ideation and innovation discussions and activities. The sessions are designed to be engaging through pre-determined and open-ended questions, listening, and invitations to the youth to share about their experiences, health, and wellbeing in ways that can lead to positive change. The Youth Listening Sessions are private, procured events with 75 participating youth and 25 participating adults—100 participants maximum at each of the three (3) sessions. Space is limited. Dinner and snacks will be served. There is no cost to attend.

YOUTH PANELS - DINNER & SNACKS - ARTIST WORKSHOPS - GIFTS - OPEN DIALOGUE

Youth Listening Sessions DATES & LOCATIONS

Sacramento Youth Listening Session

Friday, January 17, 2020

4:30 p.m. to 8:15 p.m.

Valley Hi-North Laguna Library

7400 Imagination Parkway

Sacramento, CA 95823

Oakland Youth Listening Session

Thursday, January 23, 2020

4:30 p.m. to 8:15 p.m.

Youth Uprising

8711 MacArthur Blvd.

Oakland, CA 94605

Fresno Youth Listening Session

Thursday, January 30, 2020

4:30 p.m. to 8:15 p.m.

Fresno Art Museum

2233 North First Street

Fresno, CA 93703

Youth Arrival Time: 4:30 p.m.

Adult Arrival Time: 5:15 p.m.

Youth Listening Sessions Agenda

Youth Social with Youth Advocates

Community Welcome

Project Overview

Spoken Word Performance

Youth Panel: System Involved Youth Speak!

Realities of the Foster Care and Juvenile Justice Systems

Youth Panel: Impacts of ACES/Trauma on Youth

Ideation Exercise

Emotional Expression Through Art: *dance, painting, music, improv comedy, virtual reality, illustration, and spoken word.*

Visit Our Website to Apply to Attend

Audience-serving organizations are welcome to apply to attend the Youth Listening Sessions. Attending youth (ages 18-26) must be currently or previously involved with the foster care and/or juvenile justice system(s) in order to participate. All sessions will be documented. Please see our website for participant and media release guidelines.

Space is limited! Apply online at mentalhealthca.org/youth-listening-sessions